

“With The End In Mind....”

Further to our “Brains Trust” panel of experts at the monthly meeting in November here are some links for people to get more information on the themes mentioned.

A good place for general information is:

www.nhs.uk/conditions/end-of-life-care/

1) Weldmar is our local hospice.

<https://www.weld-hospice.org.uk/contact-us/>

2) For advice on wills and Lasting Powers of Attorney you can contact a solicitor.

Solicitors who have spoken to Dorchester U3A on the matter include:

Battens Solicitors and Humphries Kirk Llp on Dorchester High Street

www.battens.co.uk

www.hklaw.eu/solicitors-dorchester/

However involvement of a solicitor for Lasting Powers of Attorney is not mandatory and those who want to do it themselves can use websites such as the CAB’s:

<https://www.citizensadvice.org.uk/Global/Public/Education%20resources/Financial%20capability/Life%20Event%20Interventions/Health/HG3A%20v2%20-%20Powers%20of%20Attorney.pdf>

This has links to the application forms for donors and attorneys to fill in and register.

3) Do Not Resuscitate (DNR) and Advance Directives

www.nhs.uk/healthA-Z/end-of-life-care

compassionindying.org.uk

4) Organ donation and defibrillator

www.organdonation.nhs.uk

St. John Ambulance video How to Use a Defibrillator

<https://www.youtube.com/watch?v=UFvL7wTFzI0>

5) assisted dying

Euthanasia and assisted dying is illegal in the UK.

One organisation seeking a change in the law is Dignity in Dying

www.dignityindying.org.uk

Please click [here](#) to return to the Dorchester U3A Home Page.